Woodside High School

Athlete of the Week



Abigail Noguez



December 18, 2023

Abigail is a senior on the WHS Girls Varsity Basketball team. She plays all positions but is primarily a shooting guard. She decided to play WHS basketball because it is her favorite sport. Abigail really enjoys all the friendships she has made over her four years on the WHS basketball team.



This season, Abigail hopes to beat Sequoia on Senior Night and improve as a team throughout the season. In the future, she hopes to study Echo Cardiology and go into the medical field. She balances school and basketball by getting her homework done during the school day.

Of the "8 Conditions," as it relates to basketball, Abigail resonates most with **Confidence To Take Action** because she says basketball is a challenge and you gain confidence when you put in the work.

Woodside High School
Athletic Department
"Work hard, study hard, play hard"