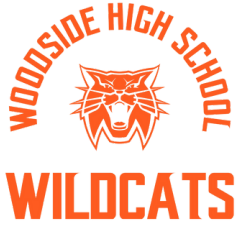


Woodside High School

Athlete of the Week



Sophiya Karer
March 4, 2024



Sophiya is a junior middlefielder on the WHS Girls Varsity Lacrosse team. Sophiya was inspired by her brother to play lacrosse and she fell in love with the sport. She enjoys being with her teammates and her coaches because of the strong team chemistry.



In the future, Sophiya hopes to play lacrosse in college. For this season, Sophiya hopes her team makes it to CCS. She balances school and lacrosse by catching up on all her homework during the weekend.

Of the "8 Conditions," as it relates to lacrosse, Sophiya resonates most with **Fun & Excitement** because of the fun team environment created by the coaches and players.

**Woodside High School
Athletic Department**

"Work hard, study hard, play hard"