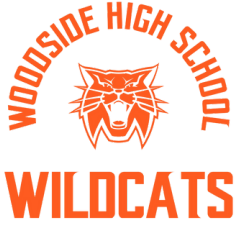


Woodside High School

Athlete of the Week



Cal Adasiewicz

April 1, 2024



Cal is a senior pole vaulter and sprinter on the WHS Track and Field team. Cal enjoys track because he likes being around his teammates and he has a love for running.



In the future, Cal hopes to have a very successful Track and Field senior season. Cal is now the current school pole vault record holder and he hopes to break that record again this season. He balances school and track by setting aside time to study.

Of the "8 Conditions," as it relates to Track, Cal resonates most with **Sense of Accomplishment** because he says it feels good to know that you succeed and accomplish something.

**Woodside High School
Athletic Department**

"Work hard, study hard, play hard"